

Contact your local MP: Template

Dear (MP's Name),

RE: Let's Dance! Invitation to an event at Portcullis House and your constituency

I would like to inform you that Let's Dance is returning in 2026, following a massively successful first year. Spearheaded by Angela Rippon CBE, this year the campaign to get the nation dancing is also highlighting the importance of dance for those suffering long term health conditions.

Dance teachers across the UK will once again open their doors to anyone wishing to participate. The initiative is supported by the widest range of dance organisations, and the NHS. It is aimed at everyone, regardless of age, fitness or level of experience. We are particularly keen to support those experiencing loneliness or a chronic health condition.

Firstly, you can get involved yourself, with MPs being invited to join a group dance event at Portcullis House, hosted by the officer of the Speaker, The Right Honourable Sir Lindsay Hoyle MP. This will take place at 09:30 on Wednesday March 4th, lasting just 30 mins featuring stars from the BBC's Strictly Come Dancing - a great way for you to find out first hand the benefits of dance!

The in (Constituency), (Dance Studio/school/fitness centre) is opening their doors for the second National Day of Dance on Sunday March 8th at (time). We would be delighted to welcome you to join us, but if you can't do help spread the word to get as many people dancing. Do get in touch for more information.

Yours sincerely,
(Your Name)

{END}



Top tips to structure your message!

The template we have provided is a good place to start, and we recommend following it as closely as possible.

Feel free to add some background information about the dance studio/school/fitness centre that is hosting Let's Dance, but keep it concise.

Generally, we do not advise making the email longer than three or four short paragraphs, as MPs receive such a high volume of correspondence, and they need to be able to understand the event and the request quickly.